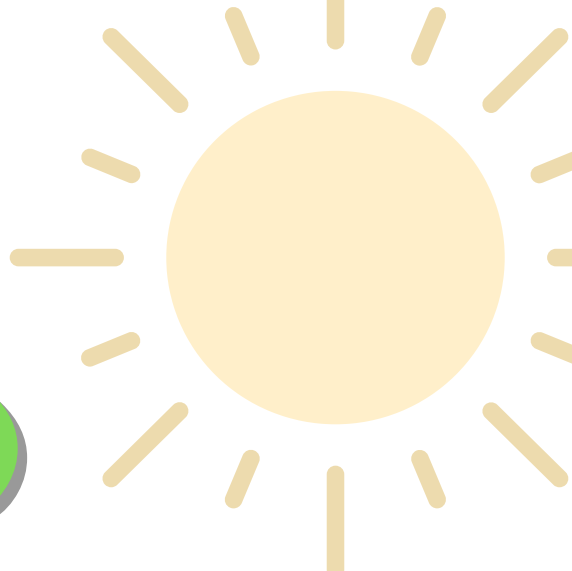




ADHD

SCHOOL
PLANNER



This Book Belongs To

Physical Activity Log

Task	S	M	T	W	T	F	S
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Notes

My Timetable

Week:

Month:

[illegible]

My Timetable

Week:

Month:

Wednesday

Thursday

Friday

Daily Schedule

Date:

[illegible]

Daily Planner

Date:

To Do List

[illegible]

Mood



Daily Goals

[illegible]

Reminders

[illegible]

Notes

Sunday

Things To Do

[illegible]

Top Priority

[illegible]

Reminders

[illegible]

Notes

Monday

Things To Do

[illegible]

Top Priority

[illegible]

Reminders

[illegible]

Notes

Tuesday

Things To Do

[illegible]

Top Priority

[illegible]

Reminders

[illegible]

Notes

Wednesday

Things To Do

[illegible]

Top Priority

[illegible]

Reminders

[illegible]

Notes

Thursday

Things To Do

[illegible]

Top Priority

[illegible]

Reminders

[illegible]

Notes

Friday

Things To Do

[illegible]

Top Priority

[illegible]

Reminders

[illegible]

Notes

Saturday

Things To Do

[illegible]

Top Priority

[illegible]

Reminders

[illegible]

Notes

Weekly Planner

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Notes :

Monthly Planner

Month:		Year:	
Monday	Tuesday	Wednesday	Thursday

Monthly Planner

Month:		Year:	
Friday	Saturday	Sunday	Notes

Yearly Planner

January

February

March

April

May

June

July

August

September

October

November

December

January

Monthly Goals



Events

Notes

March

Monthly Goals



Events

Notes

April

Monthly Goals

Events

Notes

June

Monthly Goals



Events

Notes

July

Monthly Goals



Events

Notes

August

Monthly Goals



Events

Notes

October

Monthly Goals



Events

Notes

November

Monthly Goals



Events

Notes

December

Monthly Goals

Events

Notes

[illegible]

Morning Checklist

[illegible]

Evening Checklist

[illegible]

To Do List

[illegible]

My Bucket List

[illegible]

School To Do List

Name:

Class:

Assessment

Today's Homework

Lesson Plan

Lesson Topic	Subject
	Class
	Grade
Learning Objects	Motorial
Activity Summary	
Homework Task	Assignment

Assignment Tracker

Topic

Due:	Date:
Objectives	Resources
	☐
	☐
	☐
	☐

Ideas

[illegible]

Grade Tracker

[illegible]

Library Tracker

[illegible]

Books Tracker

Title & Author	Lent & Borrowed ?	Name	Returned

Notes

Books List

Title & Author	Subject	Resource

Notes

Book Review

Book Title	Author

Page Length _____

☐ Fiction

☐ Non-Fiction

Genres	Reading Status
	Date Started Date Finished

The Book in one
Sentence

Rating



My favorite quote

Review

Books I Want To Read

[illegible]

Study Task List

Subject

Subject

Subject

Subject

Subject

Subject

Homework Tracker

Month:			Week:	
Monday	Tuesday	Wednesday	Thursday	Friday

Goal Tracker

[illegible]

Goal Tracker

[illegible]

Cleaning Task

Bathroom	Kitchen
Living Room	Bedroom
Hallway	Others

Cleaning Task List

[illegible]

Daily Mood Tracker

Date:

Sun

Mon

Tue

Wed

Thu

Fri

Sat

Mood

Time

Favourite Quotes

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[illegible]

[illegible]

[illegible]

Notes

[illegible]

Notes

[illegible]